



**Looped and Knotted**

# Beginner's Crochet Toolkit

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Everything you need to begin your first project:

- Worsted weight yarn  
(light-colored, smooth yarn is best for beginners)
- Crochet hook  
(Size 5.0 mm or 5.5 mm recommended)
- Small scissors
- Yarn needle
- Stitch markers (optional)
- Measuring tape (optional)
- A soft surface  
(blanket or couch) to get comfy!

*Bonus Tips:* Sit somewhere with good lighting. Grab your favorite drink and settle in. Listen to calming music or your favorite podcast.

♥ Be kind to yourself—it's okay to pause and come back later