



**Looped and Knotted**

# How to Triple/Treble Crochet (tr)

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A tall, airy stitch that adds flow and height to your projects

## **What Is a Triple Crochet?**

The triple crochet (also called treble crochet) is one of the tallest basic stitches in crochet. It's looser and lacier than double crochet, making it perfect for lightweight scarves, openwork shawls, and decorative stitches.

## **Abbreviation:**

tr = triple (or treble) crochet

Example in patterns:

“tr in next st,”

“(2 tr, ch 1, 2 tr) in ch-1 sp”

## **You'll Need:**

Worsted weight yarn

Size 5.0 mm (H-8) crochet hook

Yarn needle & scissors

## Step-by-Step Instructions

### Step 1: Yarn Over Twice

Wrap the yarn around your hook two times.  
(You'll now have 3 loops on your hook.)

### Step 2: Insert Hook

Insert the hook into the next stitch.

### Step 3: Yarn Over and Pull Up a Loop

Yarn over and pull through the stitch.  
You now have 4 loops on your hook.

### Step 4: Yarn Over, Pull Through 2 Loops

Now you have 3 loops left on your hook.

### Step 5: Yarn Over, Pull Through 2 Loops Again

Now you're down to 2 loops.

### Step 6: Yarn Over One More Time and Pull Through Final 2 Loops

You just made one triple crochet stitch!

### Turning Chain for Triple Crochet

At the end of a row, ch 4 before turning. This acts as the turning chain for the next row of tr stitches.

### Practice Pattern – Try It Out!

Ch 18

Row 1: Tr in 5th ch from hook and in each chain across. (14 tr)

Row 2–5: Ch 4, turn. Tr in each stitch across. (14 tr)

Fasten off and weave in ends.

This makes a soft, airy swatch – great for getting the feel of the stitch!



## Helpful Tips:

Because the stitch is so tall, your tension matters — don't pull too tight or your fabric may curl.

Use lighter yarns or cotton for best results with this stitch. Triple crochet is great for lace patterns, granny square variations, and filet crochet!

♥♥ You're Learning Something New!

Trying a taller stitch like the triple crochet can feel different at first, but you're doing something amazing by stretching your skills.

Keep going. You've got this.