Practice Grid Worksheet

What It Is:

A printable or fillable grid to help students log their practice rows and check stitch counts, so they can stay consistent and spot where they're improving.

Row Number	Expected Stitch Count	My Stitch Count	Notes (Tight/Loose?)
Row 1	15		
Row 2	15		
Row 3	15		
Row 4	15		

➡ Add 10–12 rows for one full swatch
➡ Leave space for before and after photo check-ins

Instructions for Use:

1. Choose a stitch (like single or double crochet)
2. Chain 16 (first stitch + 15 stitches)
3. Use a stitch marker in the first and last stitch of each row
4. Fill in the worksheet as you complete each row
5. Compare your actual stitch count with the expected one
6. Use the notes to reflect on tension, edges, or mistakes

Bonus Tips:

Print several copies for each new stitch you learn

Take a photo before and after each 10-row swatch to visually track progress

Use highlighters to color-code good rows vs. rows with mistakes to review later