



Looped and Knotted

Beginner HDC Scarf Pattern

A soft, squishy scarf you can finish with confidence—even if this is your first one!

By Looped and Knotted

What You'll Make:

A cozy, textured scarf using only one stitch - the half double crochet (hdc). Simple to follow, easy to customize, and perfect for gifting (or keeping!).

Materials:

- Worsted weight yarn – approx. 300 yds (try cotton or soft acrylic)
- Crochet hook: Size 5.0 mm (H-8)
- Yarn needle for weaving in ends
- Scissors
- Measuring Tape

Finished Size:

Approx. 7" wide x 60" long
Want it longer or shorter? Just keep adding or removing rows!

Stitches Used (U.S. Terms):

- ch – chain
- hdc – half double crochet
- st – stitch

Pattern Notes:

- This scarf is made entirely with hdc stitches.
- You'll start with a chain for the width, then crochet row after row for length.
- The turning chain (ch 2) does not count as a stitch

Pattern

Foundation Row:

Ch 25 (or adjust for your preferred width).

Row 1:

Hdc in 3rd ch from hook and in each ch across. (23 hdc)

Ch 2, turn.

Row 2:

Hdc in each st across. Ch 2, turn. (23 hdc)

Repeat Row 2 until scarf is approx. 60" long or your desired length.

Fasten off, weave in ends with a yarn needle.

Optional Add-Ons:

- Add fringe to each end by cutting 8" yarn pieces and attaching with a lark's head knot.
- Use color changes for stripes or color-blocking!

You Did It!

Take a deep breath and admire your stitches - you just made a beautiful, handmade scarf using one easy stitch. This is how real progress feels. 🎉